

Central Lyon Basketball Individual Records (5 on 5) 1993-2022

Points in a Career

1. Hayden Heimensen	2017-2021	1611
2. Lexi Ackerman	2010-2013	1087
3. Abbie Ackerman	2006-2010	1015
4. Sarah Halse	2011-2015	954
5. Kayla Wibben	1999-2002	910
6. Meredith Austin	1997-2000	905
7. Kayla Cuperus	2006-2010	802
8. Addison Klosterbuer	2021-2022	801
9. Sutton Schlumbohm	2016-2020	710
10. Kelsey Ackerman	2010-2013	686

Points in a Season

1. Hayden Heimensen	2020	483
2. Hayden Heimensen	2121	466
Lexi Ackerman	2013	466
4. Hayden Heimensen	2019	433
5. Kori Schulte	2013	386

3-Pointers in a Season

1. Addison Klosterbuer	2022	75
2. Hayden Heimensen	2021	62
3. Addison Klosterbuer	2021	48
4. Hayden Heimensen	2020	44
Addison Klosterbuer	2020	44

3-Point % in a Season (15 shots)

1. Natalie Steenhoven	2002	45%
2. Kayla Cuperus	2008	44.4%
3. Kate Boeve	2002	43%
4. Hayden Heimensen	2021	42.5%
5. Angel Rasmussen	2013	40.9%

3-Pointers in a Career

1. Hayden Heimensen	2017-2021	180
2. Addison Klosterbuer	2019-	167
3. Kelsey Ackerman	2010-2012	89
4. Sutton Schlumbohm	2016-2020	76
5. Kaylee Davis	2018-2022	75

Overall Shooting % in a Season (100+ attempts)

1. Farrah Lewis	79-126	2020	62.7%
2. Kiley Metzger	93-150	2020	62%
3. Kori Schulte	146-245	2013	59.6%
4. Desta Hoogendoorn	68-115	2021	59.1%
5. Desta Hoogendoorn	145-251	2022	57.8%
6. Sarah Halse	130-236	2015	55.1%
7. Kyla Boon	55-102	1997	53.9%
8. Steph Hasselmann	76-144	1995	52.8%
9. Regan VanWyhe	59-113	2021	52.2%
Stacy Wielenga	105-201	1997	52.2%

Free Throw Shooting Percentage for a Season (40+ shots)

1. Brittany Klinkenborg	38-44	2008	86.4%
2. Ivy Sieperda	63-77	2015	81.8%
3. Addison Klosterbuer	37-46	2022	80.4%
4. Abbie Ackerman	97-122	2009	79.5%
5. Hayden Heimensen	109-141	2020	77.3%
6. Josie Menning	36-48	2009	75%
Kayla Cuperus	72-96	2010	75%
Sutton Schlumbohm	30-40	2017	75%
9. Sarah Halse	89-119	2013	74.8%
10. Kori Schulte	83-112	2013	74.1%

Free Throw Percentage in a Career (100+ shots)

1. Ivy Sieperda	139-184	2012-2015	75.5%
2. Brittany Klinkenborg	86-115	2005-2008	74.8%
3. Hayden Heimensen	373-534	2017-2021	69.9%
4. Trisha Kuehl	122-175	1993-1995	69.7%
5. Kori Schulte	126-182	2010-2013	69.2%

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CL Girls' Basketball Records

Wynter Roths	74-107	2011-2014	69.2%
7. Haley Hoye	137-205	2000-2003	67%
8. Shaylee Struckman	79-119	2012-2015	66.4%
9. Sarah Halse	271-412	2011-2015	65.8%
10. Kayla Cuperus	211-336	2006-2010	64.7%

Rebounds in a Season

1. Stacey Metzger	1993	227
2. Kayla Wibben	2002	215
3. Desta Hoogendoorn	2022	184
4. Stacy Wielenga	1998	179
5. Carmen Huisman	1993	175

Rebounds in a Career

1. Sarah Halse	2011-2015	555
2. Kayla Wibben	1999-2002	551
3. Hayden Heimensen	2017-2021	426
4. Kayla Cuperus	2006-2010	424
5. Kelly Grafing	1992-1996	396

Blocks in a Season

1. Stacy Wielenga	1998	52
2. Kayla Wibben	2000	40
3. Desta Hoogendoorn	2022	39
4. Jennifer Johnson	2012	38
5. Jennifer Johnson	2011	37

Blocks in a Career

1. Regan Van Wyhe	2018-2022	75
Jennifer Johnson	2010-2012	75
3. Brittany Klinkenborg	2005-2008	64
Stacy Wielenga	1994-1998	64
5. Desta Hoogendoorn	2020-	60

Assists in a Season

1. Lexi Ackerman	2013	232
2. Lexi Ackerman	2012	168
3. Angel Rasmussen	2015	125

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CL Girls' Basketball Records

4. Afton Schlumbohm	2022	121
5. Ivy Sieperda	2015	107

Assists in a Career

1. Lexi Ackerman	2010-2013	491
2. Mary Schleusner	2006-2010	289
3. Angel Rasmussen	2012-2015	232
4. Sutton Schlumbohm	2016-2020	229
5. Hayden Heimensen	2017-2021	228

Steals in a Season

1. Lexi Ackerman	2013	140
2. Lexi Ackerman	2012	123
3. Josie Knobloch	2010	97
4. Josie Knobloch	2009	96
5. Ivy Sieperda	2015	88

Steals in a Career

1. Lexi Ackerman	2010-2013	350
2. Mary Schleusner	2006-2010	227
3. Josie Knobloch	2006-2010	223
4. Meredith Austin	1997-2000	220
5. Sarah Halse	2011-2015	203

Individual Game Records

Points in a Game

1. Hayden Heimensen	vs. GLR	2019-2020	37
2. Meredith Austin	vs. Boyden Hull	1999-2000	36
3. Meredith Austin	vs. HMS	1999-2000	35
4. Abbie Ackerman	vs. Rock Valley	2009-2010	34
5. Sutton Schlumbohm	vs. Rock Valley	2017-2018	30
Hayden Heimensen	vs. Boyden Hull	2020-2021	30

Most Steals in a Game

1. Meredith Austin	vs. Boyden Hull	1997-1998	10
Mary Schleusner	vs. West Lyon	2009-2010	10
3. Mattie Knobloch	vs. West Sioux	2014-2015	9

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CL Girls' Basketball Records

Sadie Knobloch	vs. Rock Valley	2010-2011	9
Lexi Ackerman	vs. West Lyon	2012-2013	9
Lexi Ackerman	vs. Hills Beaver Creek	2012-2013	9

Most Assists in a Game

1. Lexi Ackerman	vs. LeMars Gehlen	2011-2012	14
2. Lexi Ackerman	vs. Okoboji	2012-2013	14
3. Lexi Ackerman	vs. Sibley Ocheyedan	2012-2013	13
Angel Rasmussen	vs. Rock Valley	2014-2015	13
5. Lexi Ackerman	vs. GLR	2012-2013	12
Lexi Ackerman	vs. Okoboji	2012-2013	12
Lexi Ackerman	vs. Boyden Hull	2012-2013	12

Most Rebounds in a Game

1. Desta Hoogendoorn vs. Okoboji	2021-2022	21	
2. Stacey Metzger	vs. Spirit Lake	1992-1993	19
3. Kelly Grafing	vs. Okoboji	1994-1995	18
4. Stacey Metzger	vs. Sioux Center	1992-1993	17
Stacey Metzger	vs. GLR	1992-1993	17
Kayla Wibben	vs. Hills Beaver Creek	2000-2001	17
Miranda Meyer	vs. West Lyon	2004-2005	17
Sarah Halse	vs. MOC-FV	2014-2015	17

Team Game Records

Most Points Scored	vs. Sibley-Ocheyedan	2019-2020	86
Fewest Points Scored	vs. MOC-FV	2016-2017	17

Season Team Records

Best Defensive Average	2012-2013	39.39
Best Offensive Average	2012-2013	63.90
Consecutive Wins	17	2021-2022
	15	2012-2013
	10	2007-2008
	10	2009-2010
	10	2011-2012

Highest Ranking in the State	#1	Class 1A	2012-2013
	#3	Class 2A	2021-2022
	#4	Class 2A	2009-2010
	#7	Class 2A	2020-2021
	#8	Class 1A	2011-2012
	#11	Class 1A	2014-2015
	#12	Class 1A	2010-2011

Most Wins in a Season	26	2012-2013
	24	2021-2022
	21	2011-2012
	20	2009-2010
	20	2020-2021

Fewest Losses in a Season	2	2012-2013
	3	2021-2022
	3	2009-2010
	3	2020-2021
	4	2011-2012

Best Record Seasons

1)	2012-2013	26-2 (.928)
2)	2021-2022	24-3 (.889)
3)	2009-2010	20-3 (.869)
	2020-2021	20-3 (.869)
4)	2011-2012	21-4 (.840)
5)	2008-2009	18-5 (.783)
6)	2019-2020	18-6 (.750)

Best Conference Records

1)	2012-2013	16-2	2 nd
	2009-2010	16-2	2 nd
	2020-2021	16-2	2 nd
	2021-2022	16-2	2nd
3)	2008-2009	15-3	1 st
	2011-2012	15-3	2 nd
5)	2019-2020	14-4	2 nd