

GLR-CL VARSITY BOYS CROSS COUNTRY ROSTERS

2019-2020

Coach: Mandi Hare

Roster: Cody Huisman, Daniel Schriever, Carter Spiess, Lane Henrichs, Xander Ditsworth, Jay Waagmeester, Johnny Schmidt, Matt Haken, Matthew Langholdt, Sam Gruis, Trey VandeKop, Ulises Macias

2020-2021

Coach: Mandi (Hare) VerBeek

Roster: Daniel Schriever, Carter Spiess, Lane Henrichs, Xander Ditsworth, Chase Duin, Matt Helkenn, Brandon Van Briesen, Aaron Springer, Noah Wessels, Sam Gruis, Gavin Smit, Jesus Martinez, Micha Jumbeck, Charlie Hamilton, Matthew Langholdt, Ulises Masias, Jude Betz

2021-2022

Coach: Mandi VerBeek

Roster: Sam Gruis, Ulises Macias, Brandon Van Briesen, Lane Henrichs, Matt Helkenn, Rylie Mayo, Aaron Springer, Chase Duin, Matthew Langholdt, Aiden Downard, Quintin Sprock, Micah Jumbeck, Oliver Harms, Jesus Martinez

2022-2023

Coach: Mandi VerBeek

Roster: Sam Gruis, Lane Henrichs, Noah Kurrle, Matthew Langholdt, Ulises Masias, Rylie Mayo, Brandon Van Briesen, Chase Duin, Matt Helkenn, Jesus Martinez, Matt Roelfs, Aaron Springer, Oliver Harms, Marlin Martinez