

Central Lyon Menu November 2021




BREAKFAST PRICES:

Student:	Free
Adult:	\$1.70
Second Juice:	\$.35

LUNCH PRICES:

Grades TK-6	Free
Grades 7-12:	Free
Adult:	\$3.95
Second Entrée:	\$2.00
Extra Milk	\$.35

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<p>1 Breakfast Cereal & Toast TK-6 Breakfast Boat 7-12</p> <p>Lunch Chicken Patty on a bun Baked beans Baby carrots w/ ranch Mixed Fruit</p>	<p>2 Breakfast Breakfast Taco Yogurt</p> <p>Lunch Italian Dunkers w/ Meat sauce Romaine lettuce w/ dressing Apple Slices</p>	<p>3 Breakfast French Toast Bites & Syrup Sausage links 7-12</p> <p>Lunch Pizza Green Beans Mandarin Oranges Sandwich 7-12</p>	<p>4 Breakfast Donut Yogurt</p> <p>Lunch Spaghetti w/ meat sauce Garlic toast Corn Pears</p>	<p>5 NO SCHOOL</p> 
<p>8 Breakfast Cereal Bar or Poptart & Yogurt TK-6 Breakfast Pizza 7-12</p> <p>Lunch Chicken Fajitas w/ lettuce & cheese Black beans Peaches Sandwich 7-12</p>	<p>9 Breakfast Scrambled Eggs & Toast</p> <p>Lunch Honey BBQ Riblets K-2 Mr Rib on a Bun 3-12 Peas Baby carrots w/ ranch Mixed Fruit</p>	<p>10 Breakfast Pancake on a stick w/ syrup</p> <p>Lunch Creamed Chicken on biscuits String Cheese Carrots Broccoli Sliced Oranges</p>	<p>11 Breakfast Mini Cinni's TK-6 Cereal w/ toast 7-12</p> <p>Lunch Hamburger on a bun Fries Baked beans Applesauce</p>	<p>12 Breakfast Breakfast Boat Yogurt</p> <p>Lunch Sub Sandwich w/ lettuce & Cheese Corn Strawberries</p>
<p>15 Breakfast Cereal & Toast TK-6 Breakfast Pizza 7-12</p> <p>Lunch Chili & Chips Tater Tots Baby Carrots w/ ranch Pears Sandwich 7-12</p>	<p>16 Breakfast Omelet Toast</p> <p>Lunch Meatball Sub w/ Mozz cheese Green beans Pineapple Romaine lettuce w/ dressing 7-12</p>	<p>17 Breakfast French Toast Sticks And Syrup</p> <p>Lunch Chicken Nuggets TK-3rd Chicken Drumstick 4-12 Mashed potatoes w/ butter Corn Applesauce Sandwich</p>	<p>18 Breakfast Cereal & Muffin</p> <p>Lunch Grilled Cheese Sandwich Broccoli Baby carrots w/ ranch Mandarin Oranges</p>	<p>19 Breakfast Breakfast pizza Yogurt</p> <p>Lunch Hot Dog Hash Brown Patty Baked beans Grapes</p>

**BREAKFAST SERVING TIME
IS 7:45 -8:10 A.M.**

Due to supply chain issues and various other factors, menu items subject to change without notice. If you have any questions or concerns, please contact Darsha Tuenge, Food Service Director, (712) 472-2664

This institution is an equal opportunity provider.

**All Breakfasts served with milk, Juice and Fruit.
All Lunches served with 1% White or Fat free Chocolate Milk
All Bread and buns are 100% Whole grain rich.**

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	<p>22 Breakfast Cereal Bar or Poptart K-6 Cereal & Muffin 7-12</p> <p>Lunch Taco in a bag Lettuce & Cheese Black beans Baby carrots Pears Salsa 7-12 Sandwich 7-12</p>	<p>23 Breakfast Sausage, Egg & Cheese Biscuit</p> <p>Lunch Goulash Breadstick Romaine lettuce w/ dressing Banana</p>	<p>24 Breakfast: Waffles w/ syrup Little smokies</p> <p>Lunch Popcorn Chicken & Mashed potatoes TK-6 Orange Chicken & Rice 7-12 Carrots Pineapple Sandwich 7-12</p>	<p style="font-size: 2em; color: #C08040;">25</p> 	<p style="font-size: 2em; color: #C08040;">26</p>
	<p>29 Breakfast Cereal & Toast TK-6 Breakfast Pizza</p> <p>Lunch Salisbury Steak Mashed potatoes & butter Green beans Mixed Fruit Sandwich</p>	<p>30 Breakfast Sausage, Egg & Cheese Breakfast bar Yogurt</p> <p>Lunch Sloppy Joe on a bun Pickles Baby carrots w/ ranch Peaches</p>			

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