

# Central Lyon Menu November 2020





## BREAKFAST PRICES:

Student:	\$1.50
Adult:	\$1.70
Second Juice:	\$.35

## LUNCH PRICES:

Grades TK-6	\$2.25
Grades 7-12:	\$2.35
Adult:	\$3.85
Second Entrée:	\$2.00
Extra Milk	\$.35

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<p><b>2 Breakfast</b> Cereal &amp; Toast TK-6 Breakfast Boat</p> <p><b>Lunch</b> Goulash Garlic Toast Romaine lettuce w/ dressing Applesauce</p>	<p><b>3 Breakfast</b> Breakfast Sandwich Yogurt</p> <p><b>Lunch</b> Grilled Cheese Sandwich Corn Pears Cookies</p>  <p><b>National Sandwich Day</b></p>	<p><b>4 Breakfast</b> Pancake on a Stick Syrup</p> <p><b>Lunch</b> Popcorn Chicken w/ Mashed Potatoes TK-6 Orange Chicken w/ Rice 7-12 Carrots Mandarin Oranges Sandwich 7-12</p>	<p><b>5 Breakfast</b> Scrambled Eggs w/ Ham and cheese Toast</p> <p><b>Lunch</b> Chicken Fajita Lettuce &amp; Cheese Green beans Pineapple</p>	<p><b>6</b></p> <p><b>No School</b></p> 
<p><b>9 Breakfast</b> Cereal &amp; Muffin TK-6 Breakfast Pizza 7-12</p> <p><b>Lunch</b> Honey BBQ Beef Riblets Mashed Potatoes &amp; Butter Corn Dinner roll Peaches</p>	<p><b>10 Breakfast</b> Breakfast Sliders Yogurt</p> <p><b>Lunch</b> Grilled Chicken Patty On a bun Romaine Lettuce w/ Dressing Mandarin Oranges</p>	<p><b>11 Breakfast</b> French Toast Sticks Sausage patty</p> <p><b>Lunch</b> Meatball Sub w/ Mozz cheese Mixed Vegetables Pears</p>	<p><b>12 Breakfast</b> Cereal w/ Toast TK-6 Breakfast Boat 7-12</p> <p><b>Lunch</b> Chicken Casserole String Cheese Carrots Applesauce Sandwich</p>	<p><b>13 Breakfast</b> Breakfast Pizza K-12 Yogurt</p> <p><b>Lunch</b> Cheese Quesadilla Romaine lettuce w/ dressing Apple Slices K-6 Fresh Fruit 7-12 Sandwich 7-12</p>
<p><b>16 Breakfast</b> Cereal &amp; Toast TK-6 Breakfast Boat 7-12</p> <p><b>Lunch</b> Breaded Pork Patty Mashed Potatoes Gravy or butter Peas Pineapple Sandwich 7-12</p>	<p><b>17 Breakfast</b> Breakfast Wrap Tri Tater</p> <p><b>Lunch</b> Haystacks w/ cheese sauce Green beans Mixed Fruit Sandwich 7-12</p>	<p><b>18 Breakfast</b> Pancakes &amp; Syrup Little Smokies</p> <p><b>Lunch</b> Chicken Nuggets Mashed potatoes w/ butter or gravy Corn Mandarin Oranges Sandwich 7-12</p>	<p><b>19 Breakfast</b> Cereal Bar &amp; Toast TK-6 Breakfast Pizza 7-12</p> <p><b>Lunch</b> Italian Dunkers w/ Meat Sauce Broccoli Sidekick Lettuce /w dressing 7-12</p>	<p><b>20 Breakfast</b> Donut Yogurt</p> <p><b>Lunch</b> Corn Dog Baked beans Peaches Sandwich 7-12</p>

**BREAKFAST SERVING TIME**  
IS 7:45 -8:10 A.M.

**Menu Items Subject to Change Without Notice. If you have any questions or concerns, please contact Darsha Tuenge, Food Service Director, (712) 472-2664**  
**This institution is an equal opportunity provider.**

**All Breakfasts served with milk, Juice and Fruit.**  
**All Lunches served with 1% White or Fat free Chocolate Milk**



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<p><b>23</b>  <b>Breakfast</b>            Omelet w/ cheese            Tri Tater</p> <p><b>Lunch</b>            Chili &amp; Chips            Mixed veggies            Strawberry Cup            Sandwich</p>	<p><b>24</b>  <b>Breakfast</b>            Cereal Bar &amp; Yogurt            Breakfast Pizza 7-12</p> <p><b>Lunch</b>            Turkey &amp; Gravy            Mashed potatoes            Gravy or butter            Corn            Pumpkin Dessert            Dinner Roll</p> <div style="text-align: center;">  </div>	<p><b>25</b>  <b>Breakfast:</b>            Waffle w/ syrup            Sausage links</p> <p><b>Lunch</b>            Pizza            Romaine lettuce            w/ dressing            Green beans            Pears</p> <div style="text-align: center;">  </div>	<p>26</p> <div style="text-align: center;">  </div>	<p>27</p>
<p><b>30</b>  <b>Breakfast</b>            Cereal &amp; Toast TK-6            Breakfast Boat 7-12</p> <p><b>Lunch</b>            Sub Sandwich            Lettuce &amp; Cheese            Baked beans            Apple Slices TK-6            Apple 7-12</p>				

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**All Lunches** served with 1% White or Fat Free Chocolate