

BREAKFAST PRICES:

Student: Free

\$1.70 Adult:

Second Juice: \$.35

LUNCH PRICES:

Grades TK-6 Free

Grades 7-12: Free

\$3.95 Adult:

Second Entrée: \$2.00

\$.35 Extra Milk

BREAKFAST SERVING TIME IS 7:45 -8:10 A.M.

Menu Items Subject to Change Without Notice. If you have any questions or concerns, please contact Darsha Tuenge, **Food Service Director,** (712) 472-2664 This institution is an equal opportunity provider.

Central Lyon Menu May 2022

Monday	Tuesday	Wednesday	Thursday	Friday
2 Breakfast Cereal & Toast TK-6 Breakfast Pizza 7-12	3 Breakfast Omelet Hash brown patty	4 Breakfast Waffles w/ syrup Sausage patty	5 Breakfast Pop Tart, Cereal Bar or Muffin TK-6 Breakfast Bagel 7-12 Yogurt	6 Breakfast Breakfast Sandwich Yogurt
Lunch Sloppy Joe on a bun Pickles Green beans Baby Carrots w/ ranch Sidekick	Lunch French Toast Sticks w/ Sausage patty Syrup Carrots Applesauce	Lunch Grilled Chicken Patty on a bun Peas Romaine lettuce w/ dressing Grapes	Lunch Haystacks w/ cheese sauce Broccoli w/ ranch Corn Pears Sandwich 7-12	Lunch Popcorn Chicken K-4 Chicken Drumstick 5-12 Mashed potatoes Gravy or butter Mixed veggies Pineapple Sandwich
9 Breakfast Cereal and Cinnamon Roll TK-6 Breakfast Pizza 7-12	10 Breakfast Scrambled Eggs w/ Ham And cheese Toast	11 Breakfast Pancake on a Stick w/ Syrup	12 Breakfast Cereal or Muffin with Yogurt TK-6 Breakfast Pizza 7-12	13 Breakfast Donut Yogurt
Lunch Mr Rib on a bun Mac & Cheese Peas Peaches	Lunch Cheese Quesadilla Black beans Corn Strawberry cup Sandwich 7-12	Lunch Breaded Chicken Patty on a bun Baked beans Romaine lettuce w/ dressing Orange slices	Lunch Chili & Chips Baby carrots w/ ranch Green beans Mixed Fruit Sandwich 7-12	Lunch Sub Sandwich Lettuce & Cheese Broccoli w/ ranch Sunchips Apple slices
16 Breakfast Cereal & Toast TK-6 Breakfast Bagel 7-12	17 Breakfast Scrambled Eggs Hash Brown patty	18 Breakfast Pancakes & Syrup Little Smokies	19 Breakfast Cereal, Muffin or Poptart w/ Yogurt TK-6	20 Breakfast Breakfast Bagel Yogurt
Lunch Beef Tacos Lettuce and Cheese Fiesta Black beans Baby carrots Peaches	Lunch Salisbury Steak Mashed Potatoes Dinner Roll Corn Pears	Lunch Hot Ham and Cheese on a bun Broccoli w/ ranch Green beans Applesauce	Breakfast Pizza & yogurt 7-12 Lunch Chicken Nuggets & Smiles TK-6 Orange Chicken w/ rice 7-12	Lunch Italian Dunkers w/ meat sauce Romaine lettuce w/ dres Pineapple

All Lunches served with 1% White or Fat free Chocolate Milk



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23 Breakfast Cereal & Toast TK-6 Breakfast Pizza 7-12	24 Breakfast Omelet Hash brown patty	25 Breakfast Pancake on a Stick Syrup	26 Breakfast French Toast Sticks w/ syrup Little smokies	27 Breakfast Breakfast Pizza Yogurt
Lunch Pizza Corn Romaine lettuce w/ dressing Fruit	Lunch Chicken Fajita Lettuce & Cheese Peas Fruit	Lunch Hamburger on a bun Hash brown patty Baked beans Sidekick	Lunch Chicken Taquito Green beans Veggies Fruit	Lunch Corn Dog Chips Baby carrots Apple slices Last Day of School
No School	31			
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All Breakfasts served with Milk, Juice and Fruit.

All Lunches served with 1% White or Fat Free Chocolate