





Central Lyon Menu February 2023

BREAKFAST PRICES:

Student:	\$1.60
Adult:	\$1.90
Second Juice:	\$.40

LUNCH PRICES:

Grades TK-6	\$2.40
Grades 7-12:	\$2.50
Adult:	\$4.15
Second Entrée:	\$4.15
Extra Milk	\$.40

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	
		1 Breakfast Breakfast Taco Yogurt Lunch Quesadilla Black beans Baby carrots w/ ranch Pears Sandwich 9-12	2 Breakfast Cereal or Muffin TK-6 Breakfast pizza 7-12 Yogurt Lunch Creamed Chicken w/ mashed potatoes Peas Dinner roll Peaches 	3 Breakfast Sausage, Egg and Cheese Biscuit Yogurt Lunch Haystacks Cheese sauce Green Beans Strawberry cup Sandwich 7-12	
	6 Breakfast Cereal or Mini CinniTK-6 Breakfast Pizza 7-12 Lunch Popcorn Chicken w/ Smiles TK-6 Orange Chicken w/ rice 7-12 Broccoli Pineapple Sandwich	7 Breakfast Scrambled Eggs w/ bacon and cheese Hash brown patty Toast Lunch Chili & Cinnamon Roll Crackers String cheese Carrots & Celery Applesauce	8 Breakfast Pancakes & Syrup Little Smokies Lunch Breaded Pork patty Mashed potatoes Gravy or butter Peas Grapes Sandwich 9-12	9 Breakfast Cereal & Toast TK-6 Cereal and Muffin 7-12 Lunch Pizza Corn Romaine lettuce w/ dressing Peas National Pizza Day	
		13 Breakfast Cereal or Cereal bar TK-6 Breakfast Pizza 7-12 Yogurt Lunch Salisbury Steak Mashed potatoes Butter Green beans Mixed Fruit Sandwich	14 Breakfast Omelet w/ cheese Toast Lunch Spaghetti w/ Meat sauce Garlic toast Romaine lettuce w/ dressing Applesauce 	15 Breakfast French Toast Sticks Sausage patty Lunch Mr Rib on a bun Baked beans Baby carrots w/ ranch Orange wedges	16 Breakfast Breakfast Pizza Yogurt Lunch Taco in a Bag Lettuce & Cheese Corn Peas Salsa 4-12 Sandwich 9-12
				17 Breakfast Waffles & Syrup Sausage patty Lunch Hot Ham & Cheese on a bun Carrots Broccoli w/ ranch Grapes	

BREAKFAST SERVING TIME
IS 7:45 -8:10 A.M.

Menu Items Subject to Change
Without Notice. If you have
any questions or concerns,
please contact Darsha Tuenge,
Food Service Director,
(712) 472-2664
**This institution is an equal
opportunity provider.**

All Breakfasts served with milk, Juice and Fruit.
All Lunches served with 1% White or Fat free Chocolate Milk

Central Lyon Menu

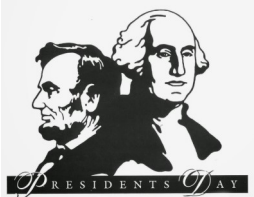

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<p>20</p> <p style="color: green; font-size: 1.5em; font-weight: bold;">NO SCHOOL</p> 	<p>21</p> <p>Breakfast Cereal & Toast TK-6 Breakfast Bagel 7-12</p> <p>Lunch Crispito Broccoli Baby carrots w/ ranch Juice cup Sandwich K-6</p>	<p>22</p> <p>Breakfast Sausage & Pancake Wrap w/ syrup</p> <p>Lunch Fish Shapes TK-3 Fish Sandwich 4-12 Mashed potatoes Butter Peas Applesauce Jelly sandwich TK-3</p>	<p>23</p> <p>Breakfast Breakfast Sandwich Yogurt</p> <p>Lunch Beef & Bean Nachos w/ Cheese sauce Romaine lettuce w/ dressing Mixed fruit</p> <p style="color: green;">Sandwich 9-12</p>	<p>24</p> <p>Breakfast Donut Yogurt</p> <p>Lunch Hamburger on a bun Baked beans Peaches Peanut Butter Bar</p> 		
	<p>27</p> <p>Breakfast Breakfast Pizza Yogurt</p> <p>Lunch Chicken Fajita w/ lettuce & cheese Corn Pineapple Sandwich 4-6</p>	<p>28</p> <p>Breakfast Waffles & syrup Sausage patty</p> <p>Lunch Sub Sandwich w/ lettuce & cheese Green beans Baby carrots w/ ranch Apple slices</p>	<p style="font-size: 2em; font-weight: bold; color: red;">National FFA Week</p>			
	<p>All Breakfasts served with Milk, Juice and Fruit.</p> <p>All Lunches served with 1% White or Fat Free Chocolate</p>					

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