

BREAKFAST PRICES:

Student: Free
Adult: \$1.70

Second Juice: \$.35

LUNCH PRICES:

Second Entrée:

Extra Milk

Grades TK-6 Free
Grades 7-12: Free
Adult: \$3.95

\$2.00

\$.35

BREAKFAST SERVING TIME IS 7:45 -8:10 A.M.

Menu Items Subject to Change Without Notice. If you have any questions or concerns, please contact Darsha Tuenge, Food Service Director, (712) 472-2664 This institution is an equal opportunity provider.

Central Lyon Menu April 2022

Monday	Tuesday	Wednesday	Thursday	Friday
	Apr			1 Breakfast Dutch Waffle Yogurt Lunch Cheese Pizza Broccoli Corn Mandarin Oranges Sandwich 7-12
4 Breakfast Cereal & Toast TK-6 Breakfast Pizza 7-12	5 Breakfast Scrambled Eggs w/ Bacon And cheese Toast	6 Breakfast Waffles & Syrup Little Smokies	7 Breakfast Cereal or Cereal bar Yogurt	8 Breakfast Sausage, Egg & Cheese Biscuit Yogurt
Lunch Mr Rib on bun Baked beans Baby Carrots w/ ranch Peaches	Lunch Salisbury Steak Mashed potatoes w/ butter Corn Mixed Fruit Sandwich	Lunch Chicken Casserole Sandwich Peas Carrots Applesauce	Lunch Ham & Turkey Sub Lettuce & Cheese Chips Green beans Pears	Lunch Italian Dunkers w/ Marinara sauce Broccoli Sidekick
11 Breakfast Cereal & Toast TK-6 Breakfast Boat 7-12	12 Breakfast Breakfast bagel Yogurt	13 Breakfast French Toast Sticks Sausage patty	14 Breakfast Ham and Egg Breakfast Bar Yogurt	15 NO SCHOOL
Lunch Tacos Lettuce & Cheese Corn Pineapple Salsa & Sour Cream 7-12	Lunch Chicken Strips w/ Mashed Potatoes Gravy or butter Sandwich Carrots Strawberry cup	Lunch Creamed Chicken on Biscuits Baby carrots w/ ranch Mixed veggies Grapes	Lunch Hamburger on a bun Sweet Potato Fries Baked beans Peaches	

All Breakfasts served with milk, Juice and Fruit.
All Lunches served with 1% White or Fat free Chocolate Milk



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Central Lyon Menu April 2022

Monday	Tuesday	Wednesday	Thursday	Friday
NO SCHOOL	19 Breakfast Ham, Egg & Cheese Breakfast Bar Toast	20 Breakfast Pancake on a Stick Syrup	21 Breakfast Cereal or Muffin Yogurt	22 Breakfast Breakfast Pizza Yogurt
	Lunch Weiner Winks Green beans Baby carrots Pears	Lunch Pizza Crunchers Corn Broccoli Mixed Fruit Sandwich 7-12	Lunch Meatball Sub Mozzarella Cheese Romaine lettuce w/ dressing Applesauce	Lunch Taco in a bag Lettuce & Cheese Refried beans Peaches Salsa & Sour cream 7-12
25 Breakfast Cereal & Toast TK-6 Breakfast Pizza 7-12	26 Breakfast Egg and Sausage Breakfast sandwich Yogurt	27 Breakfast Pancakes & Syrup Little Smokies	28 Breakfast Cereal Bar or Poptart w Yogurt TK-6 Breakfast Boat 7-12	29 Breakfast Donut Yogurt
Lunch Beef & Bean Nachos Cheese sauce Green beans Pineapple Sandwich 7-12	Lunch Spaghetti w/ meat sauce Breadstick Romaine lettuce w/ dressing Pears	Lunch Chicken Strips w/ Smiles TK-6 Mashed potatoes 7-12 Carrots Orange slices Sandwich 7-12	Lunch Pizza Corn Lettuce w/ dressing 7-12 Mixed Fruit	Lunch Hot Dog on a bun Baked beans Sunchips Peaches

All Breakfasts served with Milk, Juice and Fruit.

All Lunches served with 1% White or Fat Free Chocolate