



Central Lyon Activities Center

Issue 11 Summer 2004
Published quarterly

By William Hutchinson, Superintendent

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On Saturday, June 19, the Central Lyon Community School District celebrated the completion of their new Activities Center with a dedication ceremony in the new facility. The program was followed by tours and refreshments. On Tuesday, June 29, the Merrill Pioneer Fitness Center returned to their room in the renovated portion of the Activities Center after using an alternative space during the demolition and construction phases of the project. Now in full operation, the Activities Center provides a renovated gym, weight room, and fitness center, as well as new restrooms, locker rooms, and multi-purpose room. This wonderful center will be appreciated and utilized for years to come by students and the public.

On June 19 attention was also directed to the Central Lyon Historical Plaza which is under construction on the site of the flagpole near the

Activities Center. It is hoped that the current phase of the plaza will be completed in the current summer and will be on display for the public to enjoy. The Historical Plaza Committee will continue to raise funds needed to complete future phases of the project, including an entrance archway constructed with limestone door surrounds and a back wall which will display limestone quotes, all salvaged from the former high school. Persons or organizations interested in making a contribution to the Historical Plaza by purchasing an engraved brick, granite paver, or granite bench may contact the Superintendent's office at 712-472-2664.

The Activities Center and Historical Plaza, located at the north side of our school property, provide a look of completeness to our campus and serve as another indication of the pride the school community takes in the welfare of its students and residents.

Grandmas in School?!?

By Michelle De Haan, Assistant Program Director of Foster Grandparent Program

Grandma Iona, Grandma JoAnn, Grandma Johanna—sound familiar to you? As parents and supporters of the Central Lyon School District they may not sound familiar, but ask any elementary student and they will be able to tell you who these special individuals are. Iona Van Dyke, JoAnn Douglas, and Johanna Klarenbeek are three individuals who give of themselves every week to help out the teachers and the students in the elementary classrooms at Central Lyon.

Would you like to also help the children at Central Lyon or another area school? If you are 60 years or older and have a heart for children, you could become a Foster Grandparent. Foster Grandparents work one-on-one with children in need at schools, daycare centers, and vocational programs. In exchange for volunteering 15-40 hours each week, they receive a modest stipend (must meet income eligibility guidelines), meals, transportation, training, and perhaps most importantly, the love of the children they work with.

For more information on becoming a Foster Grandparent, please call Denise Nelson at 712-476-2628 between the hours of 8 a.m. and 4 p.m.

Care about children?

Care about your community?

Serve on the school board!

Nominations for school board positions open July 12 and close Aug. 5.

For more information on what school board members do, ask for the free "Leaders Who Care" brochure from:



Iowa Association of School Boards
700 Second Avenue, Des Moines IA 50309
1-800-795-4272 - www.ia-sb.org

This issue is filled with important **BACK TO SCHOOL** information!

Welcome to the 2004-2005 Central Lyon School Year

William Hutchinson, Superintendent 472-2664
David Ackerman, High School Principal 472-4051
Dan Kruse, Elementary/Middle School Principal 472-4041

To Central Lyon Parents and Students:

The faculty, staff, and administration are excited and anxious to begin a fresh new school year full of positive educational experiences for your child. If you are new to the Central Lyon District and need to enroll your child in school, please call or stop in and become acquainted with the staff and facility as we would enjoy getting to know you before the school year begins. As always if you have any questions or concerns, please feel free to call or stop by. Once again, welcome and have a great year!



The hustle and bustle of school is right around the corner!!

STUDENT REGISTRATION

Central Lyon Elementary/
Middle School and Central Lyon
High School offices will be open
on Tuesday, August 10 from 8:00
a.m. to 8:00 p.m. for registration.

High school students are asked to check their schedules and get their locker assignments on registration day, August 10th. NO schedule changes will be allowed after the beginning of school.

FIRST DAY OF SCHOOL

School will be in session a full day on Wednesday, August 25. The regular school day for elementary school extends from 8:20 a.m. to 3:15 p.m. Kindergarten classes are held all day every day. The middle school student's day extends from 8:20 a.m. to 3:20 p.m. and the high school student's day begins at 8:20 a.m. and ends at 3:15 p.m. All high school students should report to the auditorium at 8:20 a.m., Wednesday, August 25. A calendar of school events will be distributed to all students.

INCLEMENT WEATHER

If school will be closed, starting late, or dismissing early due to inclement weather, an announcement will be broadcast on the following radio and TV stations: KQAD (102.1 FM or 800 AM), KIWA (105.3 FM or 1550 AM), KELO (92.5 FM or 1320 AM), KELO (channel 11) and KSFY (channel 13).

IMMUNIZATIONS

The State of Iowa requires all new students going to school in Iowa to have a Certificate of Immunization, a Provisional Certificate of Immunization, or a Certificate of Immunization Exemption at the beginning of the school year. The District will be contracting with Health Services of Lyon County to assist with health screenings, human growth and development curriculum, and other health related mandates. This service will be available on a part-time basis to the Central Lyon Community School District.

ATTENDANCE

We are requesting parents to contact the school between 8:00 and 9:00 a.m. if your child is absent that particular day. Also, a written note signed by the parent/guardian is required when the child returns to school after an absence.

The administration encourages all patrons of the Central Lyon Community School District to contact the school by phone or visit anytime there is a problem or concern about school policies, procedures, etc. Parents of students in grades 9-12 should call 472-4051; grades K-8 should call 472-4041.

TRANSPORTATION

Central Lyon will continue busing students with both in-town shuttle and regular routes. If you have any questions concerning busing, please contact Steve Breske, Building and Transportation Supervisor at 472-2664, or the building principal; High School - David Ackerman, 472-4051, or Elementary/Middle School - Dan Kruse, 472-4041.

VIDEO CAMERA USE ON SCHOOL BUSES

The Central Lyon Community School District Board of Directors has authorized the use of video cameras on school district buses. The video cameras will be used to monitor student behavior to maintain order on the school buses. The use of cameras will promote and maintain a safe environment.

Students and parents are hereby notified that the content of the videotapes may be used in a student disciplinary proceeding. The contents of the videotapes are confidential student records and will be retained with other student records. Videotapes will be retained only if necessary for use in a student disciplinary proceeding or other matter as determined necessary by the administration. Parents may request to view videotapes of their child if the videotapes are used in a disciplinary proceeding involving their child.

RIDING BUSES TO ACTIVITIES

Participating students must ride school approved transportation to/from all activities unless written notification is given to the coach/director that the parent is transporting the student. Students are required to be with a parent when they choose alternate transportation.

RIGHT TO INSPECT AND REVIEW STUDENT RECORDS

Parents and/or guardians for students under eighteen (18) years of age have the right to inspect and review their child's records. For more information, please contact the building principal.

RIGHT TO LEARN ABOUT TEACHER QUALIFICATIONS

Parents/Guardians in the Central Lyon Community School District have the right to learn about the following regarding their child's teacher's qualifications: state licensure status, special endorsements for grade level/subject area taught, and baccalaureate/graduate certification/degree.

Parents/Guardians may request this information from the Office of the Superintendent by calling (712) 472-2664 or sending a letter of request to: Office of the Superintendent, PO Box 471, Rock Rapids, IA 51246.

ADDITIONAL INFORMATION FOUND IN STUDENT HANDBOOKS

The following information is printed in all student handbooks and may be obtained from the Superintendent of Schools: attendance, use of or possession of tobacco, alcoholic beverages and controlled substances; violent, destructive, and seriously disruptive behavior; suspension, expulsion, emergency removal, corporal punishment and physical restraint; out of school behavior; participation in co-curricular activities; academic progress; citizenship.

STUDENT INSURANCE

All students participating in athletics must have personal (family) health and accident insurance or the parents may purchase coverage through Frontier Insurance Agency at 472-2589 or through your personal agent. The district does not provide accident insurance for students in school or for activities.

NONDISCRIMINATION STATEMENT

The Central Lyon Board of Education is committed to the policy that no otherwise qualified person will be excluded from employment on the basis of race, religion, sex, age, national origin, or disability. Further, the board affirms the right of all students and staff to be treated with respect and to be protected from intimidation, discrimination, physical harm, and harassment.

REPORTING OF CHILD ABUSE

All Central Lyon School employees are required by law to report cases of suspected or actual child abuse.

ASBESTOS

In compliance with the US Environmental Protection Agency (EPA) and Asbestos Hazard Emergency Response Act (AHERA), we have performed inspections of our school buildings for asbestos-containing building materials. The inspection findings and asbestos management plans are on file with Steve Breske, Building and Transportation Supervisor, for your review.

RELEASING INFORMATION REGARDING STUDENTS

Any student over the age of eighteen or parent/guardian not wanting this information released to the public must make objection in writing by August 15 to the building principal. The objection needs to be renewed annually.

NAME, ADDRESS, TELEPHONE LISTING, DATE AND PLACE OF BIRTH, E-MAIL ADDRESS, GRADE LEVEL, ENROLLMENT STATUS, MAJOR FIELD OF STUDY, PARTICIPATION IN OFFICIALLY RECOGNIZED ACTIVITIES AND SPORTS, WEIGHT AND HEIGHT OF MEMBERS OF ATHLETIC TEAMS, DATES OF ATTENDANCE, DEGREES AND AWARDS RECEIVED, THE MOST RECENT PREVIOUS SCHOOL OR INSTITUTION

For further information, please refer to Central Lyon Community School District Policy Code No. 506.2.

STUDENTS RIGHT TO FREEDOM OF SPEECH

Students attending Central Lyon have the right to exercise freedom of speech, including the right of expression in official school publications. However, they do not have the right to publish materials or use language which is obscene, libelous, or slanderous.

WIC is a Health, not Welfare, Program

Submitted by Wanda Koedam, Mid-Sioux Opportunity, Inc.

Attention families eligible for free and reduce lunches! Did you know that if you are eligible for free and reduced lunches, you are also eligible to receive nutritious food and education for your children through the WIC program? WIC (Special Supplemental Nutrition Program for Women, Infants, and Children) serves pregnant women, breastfeeding and post-partum women, infants, and children up to age five. At the WIC clinic, children will receive a health check that includes height, weight, and hemoglobin (iron) status. Children's eating habits are reviewed and recommendations are given to prevent any future health problems.

Many working families with children under the age of five qualify for WIC. A family of four can earn up to \$34,040/year or \$2,837/month. WIC helps to see that children can still eat healthy foods in times when money may be tight. Families receive checks redeemable at local grocery stores for nutritious foods and also receive tips on how to make the best use of their food dollars.

The Iowa WIC program is making a statewide effort to see that all eligible families can take advantage of the nutritious foods and nutrition education that is available to them. WIC is a health program, not a welfare program.

To receive additional information about WIC, or to make an appointment, contact your local Mid-Sioux Opportunity, Inc. outreach office in Rock Rapids at 712-472-3746, or the Remson office at 1-800-859-2025.

WIC is an equal opportunity program.

Breakfast
\$.75



Lunch
K-5 \$1.35
6-12 1.55

Aug./Sept. 2004

August 25

Cereal
Toast
Milk/Juice

Chili Crispitos
Cheese Sauce
Green Beans
Mandarin Oranges
Milk

August 26

Egg & Cheese Omelet
Fruit
Toast
Milk

Chicken Patty on a Bun
Corn
Peaches
Milk

August 27

Cereal
Cinnamon Toast
Milk/Juice

Spaghetti
Lettuce Salad
Pineapple
Roll & Butter
Milk

August 30

Cereal
Toast
Milk/Juice

Chicken Drummys
Potatoes
Green Beans
Pineapple
Milk

August 31

French Toast
Fruit
Milk/Juice

Corn Dogs
Peas
Pears
Jello
Milk

September 1

Cereal
Cinnamon Toast
Milk/Juice

Tacos
Lettuce & Cheese
Corn
Peaches
Brownie
Milk

September 2

Scrambled Eggs w/Cheese
Fruit
Milk/Juice

Hamburger on a Bun
Cheese Slice
Pickles
Calif. Blend Vegetables
Apple Sauce
Milk

September 3

Cereal
Cinnamon Toast
Milk/Juice

Submarine Sandwich
Lettuce & Cheese
Pickle Slices
Raw Carrots
Mixed Fruit
Milk

ATHLETIC & ACTIVITY TICKETS

Adult athletic tickets will be available for 2004-2005. An adult activity ticket will allow the purchaser admission to all **athletic events** sponsored by Central Lyon Community School, with the exception of state tournament competitions.

Activity tickets are required for students in grades 9-12 who participate in co-curricular activities. They are optional for other students. A student activity ticket will allow the student admission to **all activities** sponsored by Central Lyon Community School, with the exception of state competitions.

The cost of an adult athletic ticket is \$55 and a student activity ticket is \$25. They are good for the entire school year. Single admission tickets for athletic contests for 2004-2005 cost \$4 for adults and \$3 for students.

Title I Summer Session

By Laureen Schram, Title I Teacher

For the past five summers, Title I students in kindergarten through second grade have participated in the Title I summer session. The students met two mornings a week for five weeks from June 15 to July 15, 2004.

Students attending the summer session worked to improve their reading skills. Staff used reading strategies in the form of manipulatives, learning activities and computer software to enhance and develop the students ongoing reading fluency and comprehension skills.

This year's staff, who have taught the summer session for the past five years, include Lila Kennedy, Stephanie Baker, Vicki Slack and Laureen Schram.

STUDENT ATHLETIC PHYSICALS

All Central Lyon students must have an athletic physical prior to participating in any sport or cheerleading. If you have any questions regarding the school physicals, please call Pioneer Medical Center at 712-472-3716 or contact El Don Maxwell, Central Lyon Athletic Director.



Fall Athletic Schedule

Note: changes from printed newsletter in **bold**



Football

DAY	DATE	SITE	OPPONENT
FRI.	8/27	AWAY	Denison
FRI.	9/10	HOME	LeMars
FRI.	9/17	HOME	S. Center
FRI.	9/24	AWAY	BH-RV
FRI.	10/1	AWAY	SB-L
FRI.	10/8	HOME	Western C
FRI.	10/15	HOME	Sheldon
FRI.	10/22	AWAY	West Lyon
FRI.	10/29	AWAY	Sibley-O

Cross Country

DAY	DATE	SITE	MEET	HOST
TU.	9/2	AWAY	Okoboji	
TU.	9/7	AWAY	Sibley-O	
MON.	9/13	AWAY	West Lyon	
MON.	9/20	AWAY	Hartley	
FRI.	9/24	AWAY	S. Center	
TU.	9/28	AWAY	Hull WC	
TH.	10/7	HOME	@ George	
TU.	10/12	Okoboji	Conference Meet	
MON.	10/18	AWAY	South O'Brien	
TH.	10/21	TBA	Regional Meet	

Volleyball

DAY	DATE	SITE	OPPONENT
TU.	8/31	AWAY	S. Center
SAT.	9/4	AWAY	Sheldon
TU.	9/7	AWAY	BH Tourn.
TH.	9/9	HOME	B-H
SAT.	9/11	HOME	CL Tourn.
TU.	9/14	AWAY	GLR Tourn.
TH.	9/16	HOME	Sibley-O
TH.	9/23	HOME	G-LR
TU.	9/28	AWAY	HMS
TH.	9/30	HOME	RV
TU.	10/5	AWAY	MOC-FV
TH.	10/7	AWAY	SC
TU.	10/12	HOME	WL
TH.	10/14	AWAY	OK

Fees 2004-2005

Application forms for free and reduced price meals will be available at registration.

Students whose families meet the income guidelines for free and reduced price lunch, the Family Investment Program (FIP), Supplemental Security Income (SSI), transportation under open enrollment, or who are in foster care are eligible to have their student fees waived or partially waived. This waiver does not carry from year to year and must be completed **annually**.

Students deposit money into their school meal account daily, weekly, monthly or by semester. All students are assigned an account number and issued a plastic lunch card with a bar code on it. As the student goes through the lunch line, the bar code is scanned and their account is charged. There is a charge for the first plastic lunch card of \$1.25. Replacement cards will cost \$2.00. Student meal accounts must be kept at a positive balance at all times.



The high school lunch room is a busy place.

OTHER FEES

Textbook Rent-grades K-8 \$ 30.00
 Textbook Rent-grades 9-12 40.00
 Drivers' Education 175.00

Student supplies may be resold as needed, such as eye protection devices and other school supplies. Fees for optional activities, such as trap shooting, bowling, and May term may be charged up to \$20.00 per activity.

INCOME ELIGIBILITY GUIDELINES For Reduced Price Meals

Effective 7-1-04 to 6-30-05

Household Size	Yearly	Monthly	Every Two Weeks	Weekly	Twice a Month
1	\$ 17,224	\$ 1,436	\$ 663	\$ 332	\$ 718
2	23,107	1,926	889	445	963
3	28,990	2,416	1,115	558	1,208
4	34,873	2,907	1,342	671	1,454
5	40,756	3,397	1,568	784	1,699
6	46,639	3,887	1,794	897	1,944
7	52,522	4,377	2,021	1,011	2,189
8	58,405	4,868	2,247	1,124	2,434
For each additional family member add:	+5,883	+491	+227	+114	+246

The Central Lyon Community School District serves nutritious meals every school day. Students may buy lunch for \$1.35 in grades K-5, \$1.55 in grades 6-12, and breakfast for .75 cents in grades K-12. We want to remind parents/guardians of the meal programs that the state offers.

Children from families whose income is at or below the level shown on the above scale are eligible for either free meals or reduced price meals priced at .40 cents for lunch and .30 cents for breakfast.

The Central Lyon Community School District encourages all households whose income falls within the income eligibility guidelines to apply for free or reduced price meals.

Application forms will be available at registration. Please contact Marla Freese at the Superintendent's Office, 472-2664, if you have any questions.

LUNCH

K - 5 \$ 1.35
 6 - 12 1.55
 2nd Entrée 1.00

1st Lunch Card 1.25

BREAKFAST

K - 12 \$.75
 Extra Juice .25
 Extra Milk .25

Replacement Lunch Card 2.00

AFTERNOON MILK (grades K-3 only)

Semester \$ 22.25 Year \$ 44.50

Checklist for the first day of school

- Are your children registered? What are the fees? When is the first day of school? What time does school start?
- What school supplies are needed? Do they need a bag to carry books?
- How are your children going to get to school? What is the bus schedule and where is the bus stop? If your children are biking, do they know the school rules for bicycles? Have you reviewed safety precautions regarding traffic and strangers?
- What time is lunch? Can your children buy lunches at school, and how much will they cost? Will they need snacks or afternoon milk? Is breakfast offered?
- What clothes will your children need to wear? Are there any restrictions on what can be worn? Will they need different clothes for physical education or art classes?
- Have you filled out all the health forms or emergency contact forms that have been sent home?
- Have any new health problems developed in your children over the summer that will affect their school day? Does the school nurse know about any health-related conditions, or is an appointment set up to discuss them?
- If your children will need to take medication at school on the first day, have arrangements been made for this?
- Do your youngsters know where they are going after school (e.g., home, babysitter)? Do they know how they will get there? If you will not be there when they arrive, do they know who will be responsible for them, what the rules are, and how to get help in an emergency?



Information taken from
Insights for Families

Making the first day easier

- Remind your children that they are not the only students who are a bit uneasy about the first day of school.
- Point out the positive aspects of starting school: It will be fun. They'll see old friends and meet new friends.
- Give your children some strategies for coping with bullies. They should not give in to a bully's demands, but should simply walk away or tell the bully to stop.
- Find other children in the neighborhood with whom your youngsters can walk to school or ride with on the bus.
- If you feel it is appropriate, drive your children (or walk with them) to school and pick them up on the first day.
- Plan in advance for school supplies and involve your children with purchasing, labeling, and organizing them.
- Get a good night's rest and encourage eating a good breakfast. Choose and lay out school clothes the night before.

Robotix Simulation

By Jerry Pytleski, Middle School Science Teacher



A group of eighth graders work on their robot.

Have you ever wondered what it would be like to control a space vehicle on Mars? A robotix simulation gave the eighth grade earth science students at Central Lyon a chance to see what it would be like to be in control of a space mission.

The students completed many missions. One of the missions that the students completed was building a parachute landing capsule to land safely on "Mars". The students cooperatively worked step-by-step through this two-week long project. In groups of three or four, the students built robots with two and three functions.

Robotix kits, provided free of charge from the Iowa State Extension Office, allowed the students to use their creative abilities to build many different types of robots that could complete many different tasks. The students were able to control and program different commands into the robots to make them complete a simple task, like picking up an object.

Using these robotix kits was a great way to complete the unit on space. The robotix kits allowed all students to work with a hands-on activity that was challenging, fun, and worthwhile to their educational experience. It is something the students will remember for a long time.

Note-Worthy Dates

- ✓ International Club Trip 7/27—8/3
- ✓ **Student Registration** 8/10
- ✓ **First Day of School** 8/25
- ✓ **No School**—Labor Day 9/6
- ✓ School Board Election 9/14
- ✓ **No School**—staff development 10/4
- ✓ Homecoming/Mass Band Show 10/8



This issue is filled with important **BACK TO SCHOOL & REGISTRATION** information!

WELCOME

The following individuals are new personnel to the Central Lyon Community School District for the 2004-2005 school year.

Matt Deutsch MS Football/MS Boys' Basketball Coach
Ben Docker HS Social Studies
Nick Kroon Assistant Baseball Coach
Ken Kuehl Bus Driver
Ann Langholdt MS/HS Vocal Music
Elizabeth Nebelsick EL/MS Vocal Music
Xochitl Robison Special Ed. Paraprofessional
Sadie Solem HS English/Large Group Speech
Becky Ver Beek Special Ed. Paraprofessional

Ice Cream Social



Students, parents, grandparents, and senior citizens of the Central Lyon Elementary/Middle School are invited to a **free ice cream social** in the Elementary/Middle lunch room on Friday, September 3, from 2:40 to 3:20 p.m.